Naptime routine

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VELCRO

VELCRO

VELCRO

VELCRO
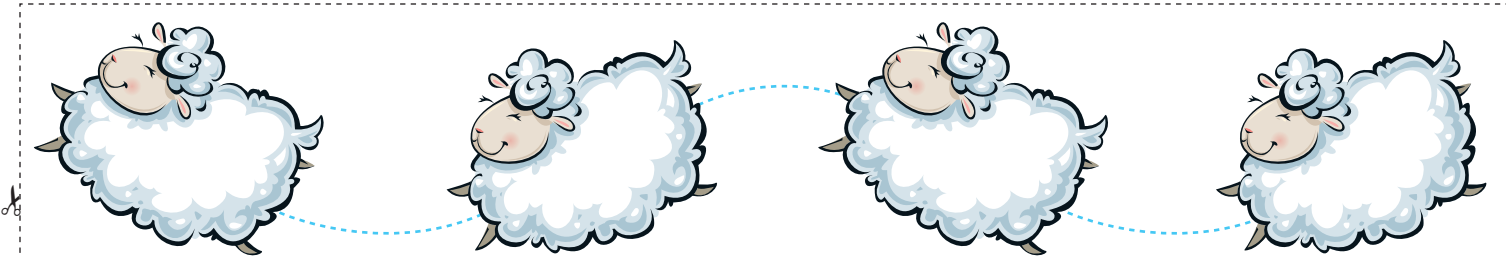
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VELCRO

VELCRO

VELCRO

Get your mat

Brush your teeth

Go to the bathroom

Remove shoes

Read a story

Calm activity

Naptime